

To the Clients of Reflexology

You need to know that:

- 1. I am not a doctor.
- 2. I do not practice medicine.
- 3. I do not diagnose or treat specific illness.
- 4. I do not prescribe or adjust medication.
- 5. Reflexology is not a substitute for medical treatment, but is a complement to most types of therapy.

What is Reflexology?

Reflexology is an ancient, manual technique based upon the concept that the entire body is reflected as a system of reflexes on the feet, hand and ears. By pressing on these reflexes with fingers and thumbs, one is able to bring about relaxation and balance in the body, and also assist in overall detoxification and stress reduction.

What does Reflexology do?

- 1. Reflexology promotes balance and normalization of the body naturally.
- 2. Reflexology reduces stress and brings about relaxation.
- 3. Reflexology stimulates circulation and the delivery of oxygen and nutrients to the cells.

By signing this form, I give my consent to a Reflexology session(s). I understand that I may discontinue a session or sessions at any time. If I have been diagnoses by a licenses health professional as having any disease, injury or other physical or mental condition, I understand I should inform the licensed professional who made the diagnosis, about the Reflexology session(s) I will be receiving. I further understand that I shall keep my health professional team informed as to any improvements and as to where or not I intend to discontinue any other treatment or therapy which had been previously ordered, prescribed or recommended by a licensed health professional. I understand that by discontinuing any such treatment or therapy, I assume responsibility for any negative outcome resulting from discontinuing that treatment or therapy.

I understand that essential oils may be used as part of my therapies.

I understand that all client files are kept in confidence and made available only to the therapists at Souly Inspired LLC or as requested in writing by your personal physician, care specialist or insurance carrier.

I understand that should I need to cancel an appointment I will do my best to do so within 24 hours of the appointment time if not, I will be charged the full amount and receive an hour of Long Distance Reiki. Also should I arrive late I will be charged for a full session even though I may not receive the amount of time originally scheduled so as not to inconvenience the next client.

Signature	Date
Printed Name	<u></u>

REFLEXOLOGY IS NOT A SUBSTITUTE FOR MEDICAL CARE.

IF YOU ARE EXPERIENCING ANY SPECIFIC MEDICAL PROBLEM(S) AND HAVE NOT SEEN YOUR MEDICAL DOCTOR,

I RECOMMEND THAT YOU DO SO TODAY.